You can create your own plan however you want

Your plan - to get your views across

What's happening now and what I would like to happen in the future

You can write what you like without being judged

what is going well?





What is important to me?

What do I want to be different?

What can people do to help?

You could use arts and crafts to create it



Your social









This is an example of a My Plan...



